### UNITED STATES MARINE CORPS



MARINE CORPS RECRUIT DEPOT/EASTERN RECRUITING REGION
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IN REPLY REFER TO: DepO 1754.9 FRO

SEP

6 2013

#### DEPOT ORDER 1754.9

From: Commanding General, Marine Corps Recruit Depot/Eastern

Recruiting Region, Parris Island

To: Distribution List

Subj: EASTERN RECRUITING REGION UNIT, PERSONAL AND FAMILY

READINESS PROGRAM (UPFRP)

Ref: (a) MCO 1754.9A

(b) MCO 1754,6C

(c) MCO 1700.36

- (d) MCRC Policy Letter 9-08 (MARINE & FAMILY READINESS)
- (e) MCRC Policy Letter 1-10 (SYSTEMATIC FAMILY READINESS)
- (f) ERR Operations Note 8-12 (FRAM & CRB)
- (g) MCO 1740.13C
- (h) MCO 1700.27B
- (i) Finance and Accounting Standardization Guide (FASG) 001/12 (Unit and Family Readiness Funds (U&FRF))
- (j) DOD Instruction 1015.10 (MILITARY MORALE, WELFARE AND RECREATION (MWR))

Encl: (1) Family Readiness Asset Map (FRAM)

- (2) Community Resource Binder (CRB)
- 1. <u>Situation</u>. To establish policy guidance for the Unit, Personal and Family Readiness Program (UPFRP) and ensure program standardization throughout Eastern Recruiting Region (ERR) in accordance with references (a) through (j).
- 2. <u>Mission</u>. This Order provides policy and guidance for the standardized implementation of the UPFRP to ensure each unit, regardless of location or operational tempo, maintains optimum unit and personal effectiveness thereby enhancing operational readiness.

#### 3. Execution

a. Commander's Intent and Concept of Operations
(1) Commander's Intent

- (a) Recruiting duty has historically been a difficult tour of duty for Marines and their families. In addition to the long hours for the Marines, duty stations that are distant from Department of Defense (DoD) installations make life difficult for families who have grown accustomed to resources provided at Marine Corps installations. Additionally, the Marine Corps' renewed emphasis on family readiness has heightened expectations of our families.
- (b) In ERR, we will work more deliberately to meet family expectations and to ensure that recruiting duty is a satisfying tour for the entire family. Commanders will maximize the use of all DoD, Marine Corps, federal, state and local resources to educate and provide necessary recreational, medical, religious, and educational needs of their families.
- (c) I expect that commanders will maximize the use of social media to maintain effective communication with family members, create a "virtual installation" around their recruiting stations and to ensure that Marine families are equipped with the resources necessary to improve resiliency and to successfully accomplish life, career and mission challenges.
- (2) Concept of Operations. The UPFRP is the Commandant's Program. However, commanders are accountable and responsible for operating the program within the established guidelines. Commanders will be familiar with and make maximum use of all available DoD, state and local resources to implement an effective UPFRP.

#### b. Tasks

- (1) Commanders (District, Recruiting Station (RS) & Prior Service Recruiting Station (PSRS))
- (a) Conduct a family readiness command team meeting monthly to ensure members of the command team are familiar with family readiness issues.
- (b) Publish a UPFRP policy statement to outline the vision and intent of their UPFRP within 60 days of assuming command.
- (c) Ensure all personnel involved with unit, personal and family readiness functions and volunteers are aware of, and are in compliance with, references (a) and (b).

- (d) Formally recognize all unit personal and family readiness volunteers annually. Optimally, the best time is during April's National Volunteer Appreciation Week or during combined unit personnel and family events.
- (e) Use eMarine at every opportunity to facilitate accurate and timely communication to the Marines, spouses and designated family members.

## (2) Family Readiness Officers and Deputy Family Readiness Officers

- (a) Personally contact the spouse or designated family member(s) within 30 days of the Marine's joining/attaching to the unit.
- (b) Conduct personal and family readiness screening interviews as part of the official check-in process.
- (c) Ensure eMarine is updated at least monthly. These updates do not have to include official communication at every revision but may provide training opportunities or information about family get-togethers.
- (d) Maintain the Family Readiness Asset Map (FRAM) and Community Resource Binder (CRB) in accordance with reference (f) and chapter 5 of this order.

### c. Coordinating Instructions

- (1) Recommendations concerning the contents of this Order are encouraged. Such recommendations should be forwarded to the Commanding General, (ATTN: FRO), via the appropriate chain of command.
- (2) The term "Commanding Officer" as used in this Order refers to District and Recruiting Station Commanding Officers and Prior Service Recruiting Station officers in charge.

### 4. Administration and Logistics

a. For the purposes of this Order, the term Marine is used to designate all members (Marines, Sailors and Civilians) assigned or attached to Marine units, single or married.

- b. For the purposes of this Order, the term Family Readiness Officer (FRO) is used to refer to both Civilian and Active Duty Deputy FROs.
- c. For the purposes of this Order, supported constituencies include unit Marines, spouses, children, designated parents, and other designated members of the extended family of unit Marines.
- d. Designated members of the extended family are defined as anyone identified by the Marine: to include blood relatives, friends or other close relationships. This does not enhance the legal term for family member designations.
- e. For the purpose of this order, the term Marine Corps Community Services (MCCS) is used to refer to any nearest military installations family system and many other local support organizations.

## 5. <u>Command</u> and Signal

- a. Signal. This Order is effective on the date signed.
- b.  $\underline{\text{Command}}$ . This Order is applicable to all units within Eastern Recruiting Region.

L. E. REYNOLDS

Wagnold

DISTRIBUTION:

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## Unit, Personal and Family Readiness Program

1. <u>Purpose</u>. This chapter provides detailed information on the concepts, mission, and operation/execution of the Unit, Personal and Family Readiness Program (UPFRP).

### 2. Concept

- a. Our most valuable resource is the individual Marine and his family. The Marine Corps' success as an institution is inextricably linked to the well-being and resiliency of that Marine and his family.
- b. Personal and family readiness is the ability of the individual Marine and his family to successfully balance the challenges of a military lifestyle, family, career, and mission events.
- c. Although the commander is responsible for ensuring the establishment and maintenance of an UPFRP, the individual Marine is responsible and accountable for his personal and family's readiness (financial, medical and legal).
- d. A by-product of a high state of personal and family readiness is an improved quality of life and feeling of empowerment. While no one program can completely negate the sacrifices inherent and unavoidable in a military lifestyle, UPFRP can leverage resources and significantly mitigate the negative aspects.
- e. The UPFRP is not designed nor intended to be a replacement of small unit leadership, but rather an enhancement and support function to assist Marine leaders at all levels in their pursuit of readiness.
- 3. <u>Mission</u>. The mission of the UPFRP is to train and prepare every Marine and their family to ensure optimum resiliency when faced with life cycle events. When every Marine and family in a unit reaches the optimum level of resiliency, a higher state of personal and family readiness will result thereby ensuring the unit's higher state of readiness.
- 4. <u>Action</u>. Commanders at all levels are responsible for implementation of the following action items. The action items are listed here as the four basic tenets of the UPFRP.

- a. Official Communication.
- b. Information and Referral.
- c. Readiness and Deployment Support.
- d. Volunteer Management.

### Role of the Commander

- 1. <u>Purpose</u>. This chapter provides detailed information on the role and responsibility of the Commanding Officer.
- 2. Structure. The Family Readiness Command Team consists of the Commanding Officer, Executive Officer, Sergeant Major, FRO/Deputy FRO, Chaplain, Command Team Advisor, Single Marine Program (SMP)Representative, Commanding Officer's Spouse, and the Sergeant Major's Spouse. The Family Readiness Command Team executes the UPFRP as directed by the unit commander. Each Command Team is the resolution seeking body for their Marines, spouses, and designated family members.
- 3. Commanding Officer. Marines look to their commander for leadership, guidance, example, advocacy and boundaries. Marine families look to the commander for the exact same things. The commander is strongly encouraged to seek advice from the installation Staff Judge Advocate or local MCCS Council should any questions arise that cannot be answered with information contained in this Order.

### Family Readiness Officer

- 1. <u>Purpose</u>. The purpose of this chapter is to define the roles and responsibilities of the FRO and the Deputy FRO.
- 2. Deputy FRO. Deputy FROs assigned at the Recruiting Station level shall perform the same roles and have the same responsibilities as the FRO, but work directly for the RS commander. They will be a member of the command in the rank of E6 or higher, and may be assigned on a full-time primary duty or a part-time collateral duty basis depending on the needs of the command and the vision and intent of the commander. For the sake of standardization, the title Deputy FRO is the only acceptable title for this position.
- 3. Family Readiness Officer and Deputy Family Readiness Officer. Encompass the face of the commander's vision and the hub of communication for the Unit, Personal and Family Readiness Program. They will be designated as Special Staff Officers operationally guided by the commander. As such, they shall provide direct coordination for the UPFRP between the commander, the Marines, the families and all the available resources and organizations, both on and off DoD installations, that support the goals outlined in this Order and the commander's intent. Their primary duty shall be to communicate and serve as a communication portal. They are supported in these communication duties by eMarine and supported by the resources and organizations offered through MCCS, DoD and local organizations.
- 4. <u>Chain of Command</u>. Family Readiness Officers are special staff officers to their commanders much like a chaplain or judge advocate. As such, they do not operate within a FRO chain of command or hierarchy. Authority for tasking resides with the commander.
- 5. Higher Headquarters (HHQ) FRO. The Region FRO serves as an additional resource for District FROs and Recruiting Station Deputy FROs, providing advice, mentorship, support and guidance through continual communication and liaison. The Regional FRO assists in the development, implementation, and evaluation of subordinate unit family readiness programs. Periodic assessments of subordinate units' personal and family readiness programs will be conducted with appropriate recommendations made for improvement.

## The Program Components

- 1. <u>Purpose</u>. The purpose of this chapter is to outline in detail the program components of a UPFRP.
- 2. Program Components. The program components of the UPFRP are Official Communication, Readiness and Deployment Support, Information and Referral, and Volunteer Management. These components are the main support elements to the UPFRP and are not designed to be all encompassing efforts. Family outreach is an example of another effort that the FRO, in support of the commander's vision, may pursue. The social component of a unit's UPFRP is an important aspect of networking and developing the support structure between the unit Marines and families; however, the social component is not a tenet of the UPFRP.

### a. Official Communication

- (1) Communication is the responsibility of leadership at all levels with the goal to disseminate accurate, relevant and timely information by the most efficient means available. Each commander is provided with access to an eMarine site which he/she shall use to communicate with the Marines, spouses and designated parents/extended family members. It is the Deputy FRO's responsibility to use the system to aggressively and proactively reach out to the command's constituencies. Communication is one of the FRO's primary duty assignments and communication in some form or another should account for most of the FRO's time. Official communication enables or establishes the following:
- (a) Timely and relevant information on the unit and the unit's status.
- (b) Information and support to families during a time of crisis within the unit.
- (2) A Marine shall accurately complete the UPFRP Authorization Form, Appendix A of reference (a), and turn it into the unit's Deputy FRO within ten working days of checking into the unit. Further, the Marine shall update changes (child's birth, marriage) in the contact information within five working days.

- (3) Married Marine's shall provide their spouse's primary contact information on the Authorization Form, Appendix A of reference (a). The Authorization Form shall be completed and turned into the Deputy FRO within ten working days of filing a marriage certificate with the unit's administrative section.
- (4) Official communication will occur continuously but no less than monthly. Further information regarding eMarine is contained in chapter 5. Although communication is continuous, commanders are cautioned that too many notifications may be viewed as spam by recipients and not received with enthusiasm.
- b. Readiness and Deployment Support. Unit, personal and family readiness requires Marines to prepare themselves and their families to successfully balance the rigors of the military lifestyle, family, career and mission events. The completion of a Family Care Plan is an example of a requirement that must be met by a specific population regardless of the deployment status of the Marine in accordance with reference (g).
- c. <u>Information and Referral</u>. Official Information and Referral services are available through anyone on the Family Readiness Command Team or through any volunteer appointed in writing. Personnel are cautioned, however, not to take on the role of counselor. The goal is to assess the need and refer to the FRO or a mitigating resource.
- d. <u>Volunteer Management</u>. Although the FRO is primarily responsible for executing the commander's vision and intent, volunteer support and participation is crucial to the success of the program. Family readiness volunteers may be spouses or designated parents/extended family members of any member of the unit. These volunteers, representing all constituencies of the unit, support and enhance the commander's family readiness mission.

#### Resources

- 1. Purpose. The purpose of this chapter is to remind the Family Readiness Command Team and the FRO, in particular, that there are over 80 MCCS programs, <a href="www.usmc-mcccs.org">www.usmc-mcccs.org</a>, as well as local public and private agencies and organizations available to provide support to mitigate and eliminate the challenges and rigors of the military lifestyle. Family Readiness Command Teams, in general, and FROs in particular, are cautioned that at least a cursory vetting should be made into a public or private agency or organization prior to offering that private agency or organization as a reference. Services offered by off-base agencies and organizations may be used as resource options as the commanders, and by extension the Command Teams pursue the best information and resources available for their Marines and families.
- 2. The FRO shall attach the following disclaimer to all emails sent on behalf of the UPFRP.

Disclaimer: Information is distributed in this email as information of common interest for military members and their families/contacts. Use of this information does not imply endorsement of any non-federal entity by the Department of Defense, U.S. Marine Corps or this command.

3. The FRO shall post the following disclaimer in a conspicuous location anywhere resources and referrals may be provided to Marines or family members.

Disclaimer: Information is distributed as that of common interest for military members and their families/contacts. Use of this information does not advertise nor imply endorsement of any commercial activity or product by the Department of Defense, U.S. Marine Corps or this command.

- 4. The FRO and Deputy FRO are responsible for maintaining the Family Readiness Asset Map (FRAM) and Community Resource Binder (CRB) for their local areas.
- a. The purpose of the FRAM and CRB are to provide a central location for resource and assist in providing a "virtual installation" at the lowest level.

- b. Enclosure (1) is the template to be utilized by the Deputy FRO. It provides step-by-step procedures to ensure that all resources within a RS area of operations are properly identified and displayed in one location. Utilization of the FRAM will ensure resources within a RS area of operations are properly identified and displayed in one location.
- c. Enclosure (2) is the Template for the CRB and will be utilized by the Deputy FRO to capture detailed information on resources available to them. It will also contain points of contacts and processes that will be utilized by the Deputy FRO and Command team members in support of the UPFRP.
- d. All Recruiting Stations (RS)s are required to create and maintain a Recruiting Station FRAM and a CRB. These two items will assist the Deputy FRO and the entire command team in providing support to the Marines and Family members assigned to their RS.
- e. The resources in the FRAM and CRB shall be included on each Recruiting Station eMarine page effective immediately.
- f. District Commanders, via their FRO, will ensure that FRAM and CRBs are properly executed at each Recruiting Station and that all requirements have been fulfilled. Deputy FROs shall contact the District or Region for assistance and training in implementation. These two items are inspectable and will be included in periodic inspections in addition to the items on the Functional Area checklist.
- 5. <u>eMarine</u>. The FRO is supported by eMarine, a multi-tiered secured website that is filled in by the unit FRO, installation and HQMC representatives. This system provides all the functionality of a traditional Family Readiness Officer in an ad-hoc and on-line setting to meet the needs of geographically dispersed Units and families across all aspects of the Marine Corps. The eMarine website provides Commanders with a secure way to communicate information to their Unit's Marines, Service Members and their Families 24/7 from anywhere in the world.

### Funding

- 1. <u>Purpose</u>. The purpose of this chapter is to establish funding guidance for the UPFRP.
- Background. The UPFRP is a CAT A MWR program. UPFRP nonappropriated (NAF) funds incorporate the former NAF unit picnic and party funds and are intended to support unit morale, welfare and recreation (MWR) needs including unit recreational, social and family readiness activities. A unit's UPFRP may be funded by both appropriated fund (APF) Operation and Maintenance (O&M), hereafter referred to as APF, and NAF. Commanders are responsible for proper allocation and spending of their unit's UPFRP funds. The commander's discretion in the use of UPFRP funds is limited by legal and fiscal constraints when determining requirements or the amount of UPFRP funds that may be spent on any event. The commander is strongly encouraged to seek advice from the local or assigned MCCS Counsel with questions on the proper use of UPFRP funds. Accountability for the proper use of the UPFRP NAF will be monitored through routine Marine Corps Nonappropriated Fund Audit System (MCNAFAS) audits or external auditors. Separate control points must be maintained for both APF and NAF. Regardless of the location of the unit, the commander shall apportion UPFRP monies among the following three areas. The focus of financial effort should concentrate on the following areas:
- a. <u>Educational</u>. UPFRP training-related events, e.g., unit training workshops or classes offered through MCFTB, L.I.N.K.S/LifeSkills trainer (LLT) or the installation COSC.
- b.  $\underline{\text{Recreational}}$ . Recreational and morale events, e.g., unit softball or golf tournaments.
- c. <u>Social</u>. Social events, e.g., tea/coffee gatherings, unit family days and Marine Corps Ball social portion of the evening.
- 3. <u>Funding Types</u>. There are four types of funding that may be available.

- a. Appropriated Funds (APF). APF are appropriated by Congress (tax dollars). The accounting year prescribed for APF begins 1 October and ends 30 September, annually. APF are to be used in the year provided rather than accumulated from year to year. Unused APF will rollover each quarter until the end of the APF fiscal year. These funds shall not be carried over at the APF fiscal year-end.
- b. <u>Nonappropriated Funds (NAF)</u>. NAF are monies that originate from revenue generating MCCS activities or assets received from sources other than monies appropriated by Congress. The accounting year prescribed for NAF operates on a 4-5-4 calendar and begins approximately 1 February and ends approximately 31 January, annually.

NAF are to be used in the year provided rather than accumulated from year to year. Unused NAF will rollover each quarter until the end of the NAF fiscal year.

- c. Fundraising. UPFRP fundraising events are authorized for MCCS MWR activities per reference (a); however, they are discouraged. Fundraising events will be limited to authorized users of UPFRP activities and funds raised must be for the benefit of the activities and their authorized users. Fundraising activities will be conducted entirely on Department of Defense (DoD) installations with the permission of the MCCS Director or equivalent for those units not stationed aboard a Marine Corps Installation. Solicitation of funds outside DoD installations is prohibited.
- d. <u>Unsolicited Donations</u>. UPFRP personnel do not have gift acceptance authority and shall not accept unsolicited donations/gifts. There is a formal procedure for acceptance of monetary and property donations and gifts. Acceptance procedures vary according to the monetary value and type of donation or gift, see references (h) and (i) for detailed information.
- 4. <u>Funding by Location</u>. The type and amount of UPFRP funding available may be different depending on whether or not the Marine Corps unit is located on a Marine Corps Installation, a sister service Installation or off a DoD Installation.

- 5. Funds available to units stationed aboard Marine Corps Installations:
- a.  $\overline{\text{APF}}$ . The only APF authorized for use in support of the UPFRP is APF funds identified in the unit's APF budget.
- b. NAF. MCCS established a single NAF allocation of \$25 per service member per year, for units home-based at Marine Corps installations. The installation MCCS will provide this support from locally generated NAF, and is independent of and not contingent upon any funding budgeted to MCCS from CMC (MR).
- c. Fundraising is authorized as a funding source for units stationed aboard DoD Installations within the guidelines established in reference (a).
- d. Unsolicited donations are authorized as a funding source regardless of the location of the unit per the guidelines established in references (h) and (i).
- 6. Funds available to units not stationed aboard Marine Corps Installations:
- a. Independent Duty. Independent duty is defined as active duty Marines permanently assigned to units detached from command elements, are not tenant activities located aboard military installations, or other DoD owned property, and are not supported by separate DoD regulation or inter-service agreement. Recruiting command sites remotely located from USMC or DoD installations are defined as independent duty by the MCCS Board of Directors. Funds available to these units are as follows.
- (1) APF. The only APF authorized for use in support of the UPFRP is APF funds identified in the unit's APF budget.
- (2) NAF. Independent duty units shall be provided \$130 or \$40/service member/year. Allocation is dependent on the distance the unit is from a DoD installation. Active duty Marines who are permanently detached from a military installation but located within 30-minutes or 30-miles of a DoD installation shall garner \$40 for their command's UPFRP. Active duty Marines who are not within 30-minutes or 30-miles of a DoD installation (31-minutes or 31-miles) shall garner \$130 for their command's UPFRP.
  - (3) Fundraising is not authorized off DoD installations.

- (4) Unsolicited donations are authorized for receipt per the guidelines established in references (h) and (i).
- b. <u>Joint Commands</u>. Joint commands are those Marine Corps units residing on Sister Service Installations. Funds available to these units are as follows:
- (1)  $\underline{\text{APF}}$ . Units categorized as Joint Commands shall be provided \$10/service member/year in APF from HQMC (MR) via appropriate USMC chain of command. These funds will be identified in the unit's APF budget.
- (2)  $\underline{\text{NAF}}$ . Per reference (j), NAF shall be provided by the host service or Executive Agent in accordance with host service unit fund policies. Host services are directed to provide equitable funds or services to all units.
  - (3) Fundraising is not authorized off DoD installations.
- (4) Unsolicited donations are authorized for receipt per the guidelines established in references (h) and (i).
- 7. Solicitation. During any official UPFRP function, solicitations by individual units (including donation requests) and commercial advertisements/displays are prohibited. UPFRP personnel, including volunteers, are prohibited from endorsing or giving the appearance of an endorsement of non-federal entity or commercial products and/or services. Examples include, but are not limited to, make-up, kitchen utensils, jewelry, candles, vitamin supplements or home-based businesses (scrap booking, catering, etc). This does not preclude the FRO from requesting commercial sponsorship through the MCCS commercial sponsorship representative as described in reference (a) and (i).
- 8. Reimbursement of Expenses for UPFRP Volunteers.
  Reimbursement payments to UPFRP volunteers who support UPFRP functions will be handled as expeditiously as command members.
  See reference (a) for detailed information.

## FAMILY READINESS ASSET MAP (FRAM)

The purpose of the Family Readiness Asset Map is to display the locations of all Family Readiness related resources and activities available within the Recruiting Station's area. This map will show the location of the following types of resources and activities available in the Recruiting Stations area (i.e. Military activities, Healthcare & crisis resources, Support Agencies and Religious support). Detailed information on these will be available and updated in the RS Community Resource Binder (CRB).

The Recruiting Station Deputy FRO shall maintain a map large enough to provide a detailed view of the Recruiting Stations territory. The map will be mounted and prominently displayed in the Recruiting Station. The map will be divided to show the territory of each Recruiting Sub Station area.

In addition to the map there will be a Recruiting Station Community Resource Binder (CRB). This RS CRB will contain more detailed information on the resources and assets within the Recruiting Station territory. The RS CRB shall be maintained and updated by the Deputy FRO as well in accordance with the template provided by higher headquarters and in accordance with ERR Systematic Family Readiness policies.

All members of the Family Readiness Command Team should be familiar with the contents of both the Family Readiness Assets Map (FRAM) and the Recruiting Station Community Resource Book (RS CRB).

Outline the RS boundaries and designate RSS territories.

Military Activities will be designated by colored flags.

Bases Green Flag
Military Support Programs Yellow Flag
JFSAP Red Flag
Chaplains White Flag

Military Units within the RS area will be indicated with the correct pin.

SMCR Unit Purple Pin

Other service Reserve

& Guard Units Red Pin

## FAMILY READINESS ASSET MAP (FRAM)

Healthcare and Crisis Response resources will be indentified as indicated below.

Medical

Green Pin

Dental

Green Pin w/White Dot

Behavior Health

Yellow Pin

Recreation resources will be identified as indicated below.

Recreation Blue Pin

A black pin will be placed on the map for the Recruiting Station location. A black pin w/white dot will be placed for each RSS location. Place an orange pin on the map for each OSO office. Place a pink pin on the map for each MEPS location.

This map is to be updated at least monthly or as any known changes occur to your assets within the RS area. On the bottom left hand corner of the map attach a legend for the flags and pin colors used.

| LECENIA                        |             |  |  |  |
|--------------------------------|-------------|--|--|--|
| <u>LEGEND</u>                  |             |  |  |  |
| Military Activities            | <u> </u>    |  |  |  |
| Bases                          | Green Flag  |  |  |  |
| Military Support Programs      | Yellow Flag |  |  |  |
| JFSAP                          | Red Flag    |  |  |  |
| Chaplains                      | White Flag  |  |  |  |
|                                |             |  |  |  |
| Military Units                 |             |  |  |  |
| SMCR Unit                      | Purple Pin  |  |  |  |
| Other service Reserve          |             |  |  |  |
| & Guard Units                  | Red Pin     |  |  |  |
|                                |             |  |  |  |
| Healthcare and Crisis Response |             |  |  |  |
| Medical                        | Green Pin   |  |  |  |
|                                | Green Pin   |  |  |  |
|                                | w/White     |  |  |  |
| Dental                         | Dot         |  |  |  |
| Behavior Health                | Yellow Pin  |  |  |  |
|                                |             |  |  |  |
| Recreation Resources           |             |  |  |  |
| Recreation                     | Blue Pin    |  |  |  |

## 1. Military Activities

| 1.1. Bases | (Green | Flag) |
|------------|--------|-------|
|------------|--------|-------|

- 1.1.1. Point of Contact List for each Base
  - 1.1.1.1 RAPIDS/DeCA/Exchanges/MTF/MWR
- 1.1.2. Militaryinstallations.dod.mil
- 1.1.3. Military handbooks.com

  (Establish account & download free for RS /RSS)
- 1.1.4. Other major installations/armories/NMCRC
- 1.2. Reserve Units (SMCR -Purple pin, all others- Red pin))
  - 1.2.1. Marine: find the Deputy FRO/FRO contacts and also find the any counterparts for each of the below branches
  - 1.2.2. Army
  - 1.2.3. Air Force
  - 1.2.4. Navy
  - 1.2.5. Coast Guard
- 1.3. Guard Units (Red pin)
  - 1.3.1. Army National Guard
  - 1.3.2. Air National Guard
  - 1.3.3. State Guard
- 1.4. Joint Family Support Assistance Program (JFSAP) (Red Flag)

1.4.1. State Director \_\_\_\_\_

| 1.4.2.          | Military One Source State Rep                  |
|-----------------|--|
| 1.4.3.          | Military Family Life Consultant (MFLC) Program |
| 1.4.            | 3.1. MFLC                                      |
|                 | 3.2. Personal Financial Counselor              |
| 1.4.            | 3.3. Children-Youth MFLC                       |
| 1.4.4.          | Red Cross                                      |
| 1.4.5.          | Joining Forces POC                             |
| (Name, location | and contact information for all of the above   |
| personal)       |  |

## 2. Healthcare/Crisis

- 2.1. Medical (Green pin)
  - 2.1.1. TRICARE Service Center (TSC)
  - 2.1.2. EFMP (FOCUS)
  - 2.1.3. Military Treatment Facility (MTF)
  - 2.1.4. Claim Support
- 2.2. Dental (Green pin w/white dot)
  - 2.2.1. Active Duty
  - 2.2.2. Family Members MetLife
- 2.3. Behavior Health (Yellow pin)
  - 2.3.1. DStress: www.dstressline.com or 877-476-7734
  - 2.3.2. Combat Operational Stress Control (COSC)
    - 2.3.2.1. OSCAR Team
  - 2.3.3. Military Family Life Consultant (MFLC)
  - 2.3.4. Chaplain
    - 2.3.4.1. MCRD Duty Chaplain
    - 2.3.4.2. MARFORRES Chaplain (local AO)
    - 2.3.4.3. Other service Chaplain
  - 2.3.5. Military One Source
  - 2.3.6. Value Options
  - 2.3.7. VA/Vet Center
  - 2.3.8. Local Behavior health nonprofit organizations and resources
  - 2.3.9. Military Installation behavior health programs

2.3.9.1. MCRD: (843) 228-6126

## 2.4. EFMP

- 2.4.1. MCRD EFMP Case Managers
- 2.4.2. TRICARE Extended Care Health Option (ECHO)

## 3. Support Agencies

- 3.1. National
  - 3.1.1. Military One Source
  - 3.1.2. Red Cross
  - 3.1.3. Military Relief Societies (Army, Navy/Marine Corps, Air Force)
  - 3.1.4. Marine Corps Community Service (MCCS)
- 3.2. State
  - 3.2.1. Joint Family Support Assistance Program (JFSAP)
    3.2.1.1. Joining Community Forces
  - 3.2.2. USO
  - 3.2.3. Red Cross
  - 3.2.4. Operation Military Kid (OMK)
  - 3.2.5. National Resource Directory
  - 3.2.6. Operation Homefront
  - 3.2.7. State Disaster Relief Organization
- 3.3. Local
  - 3.3.1. Military Coordinating Council (Joint/Marine Corps)
  - 3.3.2. Veterans (VFW, Marine Corps League, American Legion)
  - 3.3.3. Veterans Community Counsel
  - 3.3.4. Chamber of Commerce Military Committee

### 4. Religious Support

- 4.1. Chaplains (White Flag)
  - 4.1.1. MCRD/PISC/MCRC/District
  - 4.1.2. MARFORRES Chaplains
  - 4.1.3. Other Service Chaplains
  - 4.1.4. National Guard Chaplains
  - 4.1.5. Police/Fire/Hospital Chaplains (local)

## 4.2. Programs

- 4.2.1. CREDO
  - 4.2.1.1. Point of Contact/Scheduled Events
  - 4.2.1.2. MARFORRES/Other Services/Marine Corps Bases
- 4.2.2. PREP
- 4.3. Other Local Resources

## 5. Family Services

### 5.1. Employment

- 5.1.1. Employment Security Commission (state)
- 5.1.2. Base Employment Assistance Program
- 5.1.3. National Resources Directory (.gov)
- 5.1.4. LifeSkills Trainer

#### 5.2. Education

- 5.2.1. School Liaison Officer (Marine Corps, Army, Navy, Air Force)
- 5.2.2. Military One Source
- 5.2.3. L.I.N.K.S. Trainer
- 5.2.4. Post 911 G.I. Bill /Tuition Assistance
- 5.2.5. MYCAA
- 5.2.6. Base Education Center (PISC)

#### 5.3. Childcare

- 5.3.1. Childcare Aware (Previously NACRAA)
- 5.3.2. Base CDC's
- 5.3.3. Sittercity.com
- 5.3.4. Military One Source

#### 5.4. Military Support Programs (Yellow Flag)

- 5.4.1. Marine Corps Family Team Building (MCCS)
- 5.4.2. Army Family Team Building (Army Community Service)
- 5.4.3. Navy Fleet and Family Readiness (FFR)

## 5.4.4. Air Man and Family Readiness Center

## 5.5. Housing

- 5.5.1. Base Housing (Military Housing Office)
- 5.5.2. Automated Housing Referral Network (AHRN)
- 5.5.3. Servicemembers' Civil Relief Act (SCRA)
- 5.5.4. Chamber of Commerce Local contacts

### 6. Recreation

#### 6.1. Travel

- 6.1.1. Armed Forces Recreation Center
  - 6.1.1.1. Shades of Green (Walt Disney)
  - 6.1.1.2. Cape Henry Inn & Beach Club (Chesapeake bay)
  - 6.1.1.3. Dragon Hill Lodge (Korea)
  - 6.1.1.4. Edelweiss Lodge & Resort (Germany)
  - 6.1.1.5. Hale Koa Hotel (Hawaii)
- 6.1.2. GovArm.com / Armed Forces Vacation Club
- 6.1.3. National Recreation Park Association (NRPA)
- 6.2. Military Lodging
  - 6.2.1. DOD Lodging.net
- 6.3. Military YMCA
- 6.4. Local Attractions / ITT
  - 6.4.1. MCRD Parris Island ITT: